**Medical Spanish Study Guide (Part 1: Written Portion)**

**Body Parts: Please label the body parts in Spanish!**

* Head­­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Ear/ears\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Nose\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Mouth\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Tongue\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Back\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Lower back\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Hip\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Chest\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Buttocks \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Abdomen\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Arm/arms\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Hand\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Shoulder\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Knee\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Leg\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Ankle\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Foot\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Elbow\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Fingers\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Toes\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Vitals (Verbal)- BP, HR, SpO2, Temp, RR-must be able to interpret all of these. No “borderline” values will be used, I promise.**

* I’m going to measure/take your vital signs \_\_\_\_\_\_\_\_  
  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Your \_\_\_\_\_\_ is \_\_\_\_\_\_\_\_\_ (high/normal/low)  
  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Pain Assessment (Verbal & written)**

* Do you have pain?  
  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Where does it hurt?  
  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* What type of pain is it?( sharp, stabbing, dull, constant, pulsating, intermittent, chronic)  
  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* On scale of 1-10, with 0 being no pain and 10 being the worst pain, what number is your pain?(This one WILL be on the final!)

­­­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

* What alleviates your pain?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

* Have you had this pain before? For how long?  
  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Does it hurt when I press here?  
  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Internal Organs**

* Brain­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Lungs\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Heart\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Stomach\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Intestines\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Liver\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Kidneys \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Rectum\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Bladder\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Bone \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Skin \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Nerve\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Joint \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Muscle \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Colors(label in Spanish and be able to match rojo(red) with sangre(blood), Amarillo(yellow) with orina(urine) etc.**

**(Please note you will not need to match purple, black, white, or blue with a corresponding body fluid)**

* Red­­­­­­­­­­­­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Yellow\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Green\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Blue\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Purple\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Brown\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Black\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* White\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Introduction**

* Good( morning, night, afternoon) my name is X\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* I’m going to be your student nurse today\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* I’m going to take care of you today\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* How are you feeling?(know how to respond using the verb “estar” the feeling words good, bad, sick, and tired)

**Family**

* Dad\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Mom\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Brother\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Sister\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Children\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Wife\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Husband\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Daughter\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Son\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Physical Assessment (Verbal)**

* Lungs
  + I’m going to listen to your lungs  
    \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
  + Take a deep breath in. Exhale. Again  
    \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Heart
  + In going to listen to your heart
  + You can breathe normally.   
    \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Abdomen
  + I’m going to listen to your stomach  
    \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
  + I’m going to press on your stomach, tell me if it hurts  
    \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* LOC
  + What’s your name?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
  + Do you know where you are?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
  + Do you know what day/year/month it is?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Arm/leg Strength
  + Squeeze my hands\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
  + Pull my feet/hands back\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
  + Push my feet/hands forward\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Terms- helpful to know these terms when telling your patient what their medicine is used for.**

* Cough\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Constipation\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Bleeding\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Diarrhea\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Swelling\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­\_
* Inflammation\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Vomiting\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Dizziness\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Fever\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Fatigue\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Headache\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Seizure\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Hives\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Heartburn\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Itching\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Numbness\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Redness\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Weight gain/loss\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Chest Pain\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* X-ray \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* CT\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Laboratory \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Medicina (written- fill in the blank)**

* Common meds to know: Morphine(alleviate pain), Penicillin(antibiotic to treat an infection, Heparin(to prevent blood clots), Milk of Magnesia(to prevent constipation), Benadryl(to treat itchiness), Tylenol(for fever or pain), Insulin(to lower blood sugar), Valium(a sedative to help you relax/lower your anxiety level(nivel de ansiedad)
  + This medicine is to\_\_\_\_\_\_(alleviate, treat, relief, prevent, lower)\_\_\_\_\_(symptom)
  + I’m going to give it (IV, by mouth, by injection, eye drops, etc.-See the medication power point for all routes)
  + Terms:
    - Infection\_\_\_\_\_\_\_\_\_\_
    - Clots\_\_\_\_\_\_\_\_\_\_\_\_\_\_
    - Sedative\_\_\_\_\_\_\_\_\_\_\_
    - Blood sugar\_\_\_\_\_\_\_\_\_
    - Alleviate\_\_\_\_\_\_\_\_\_\_\_\_\_\_
    - Treat\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
    - Relief\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
    - Prevent\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
    - Lower\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Route/Form:
  + Pill\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
  + Syrup\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
  + Ointment\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
  + Injection\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
  + Eye drops\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
  + Inhaler\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
  + Patch\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
  + IV route\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
  + IV fluids\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Medication Instructions
  + Take the (pill, syrup, etc.) in the (morning, bedtime, with food, without food)
  + Other terms to translate:
    - Chew\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
    - Apply/put ointment \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
    - PRN\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Check out this website. It has some pretty helpful flashcards, pictures, and some things to practice.

http://123teachme.com/learn\_spanish/medical\_review\_of\_systems