San Diego State University School of Nursing

CNSA General Meeting Minutes

Date: 10/14/15 **Place**: Pride Suite

Time: 1830

Attendance: Bizzy Driscoll, Lindsey Padelford, Brian Terhaar, Kirstin Visperas, Valeria Valenzuela, Cassidy Umann, Kyle Casipit, Vanessa Chua, Michaela Taylor, Rebekah Chung, Brenna Epperson, Martha Quero, Amelia Nino, Talia Ram, Ashley Soin, Kyle Little, Krista Green

Excused: Absent:

Topic	Description
Meeting called to order	Meeting called to order at 1835 on October 14, 2015
Dr. Heineken	Retired Nursing Professor that taught communication class that was discontinued
	- Learned about how to better communicate with patients and co-workers
	The Listening Post
	- Anybody is welcome to make an appointment with
	Dr. Heineken to discuss strategies of how to better communicate with patients, peers, staff nurses, professors
	- Helps to gain more self-confidence, become more assertive, get over intimidation
	- Discuss situations that you've experienced where communication didn't go as well as you liked - reflect on experiences
Students HEAL	• Thank you to our volunteers for participating in our Silent Auction, we raised over \$10,000 that will go towards medical supplies for the brigade!
	Badge holders will be for sale after the meeting
Running Club	Sunday Oct 25th at 0900
	Rose Marie Starns South Shores Park (next to Seaworld)
	Everyone is welcome to come walk or run
Email Blasts	Please go to our website and subscribe to our weekly
	email blasts if you are not already subscribed
	Meeting called to order Dr. Heineken Students HEAL Running Club

Vice President:	Wound & Ostomy Care	• Saturday, Oct 24th, 1000-1200 at Scripps Cottage
Lindsey Padelford	Event	 Topics will focus on pressure ulcer assessment, prevention, nursing interventions, and dispelling myths 2 cord points Sign ups will open after the meeting
Treasurer: Brian Terhaar	No report	
Secretary: Kirstin Visperas	Pre-departure meeting	Pre-departure meeting for Convention will be after the general meeting in the Skills lab
Breakthrough to Nursing Directors: Valeria Valenzuela & Cassidy Umann	Chula Vista Presentation	 Tuesday Oct 20th, from 0830-1200 2 volunteers 3 cord points
	Men in Nursing Conference	 Friday, Nov 6th from 0800-1330 Need 16 total volunteers! 2 cord points for 2 hour slot Volunteers needed for set up & student check in, heart station, tour guides, SDSU nursing booth
Fundraising Directors: Kyle Casipit & Vanessa Chua	No report	
Legislative Directors: Michaela Taylor & Rebekah Chung	Cohort reps	Please meet with us after the meeting
Community Health Directors:	UCSD Health Screening	Thank you to our volunteers!
Brenna Epperson & Martha Quero	Candy Grams Fundraiser	 To raise money for Light the Night Includes cupcake and halloween candy \$3 for cupcake and candy \$5 for cupcake, candy, and small henna tattoo voucher Selling until Oct 24th, distributing Oct 26-29th Sign up on google doc on CNSA website Earn 1 cord point each, up to 2 max!

	Check out our pages! Light the Night	 "SDSU CNSA Community Health Committee" group on facebook Henna for Hire by Shivani Kaneria: \$3 small, \$5 medium, \$8 large https://sdsuhennaforhire.youcanbook.me/ http://www.facebook.com/sdsuhenna4hire Friday Nov 6th, 1630-2000 at Petco Park Sign up on our website under the Community Health tab 2 cord points
Membership & Mentorship Director: Amelia	Freshmen mentors	 Pairings were sent out last weekend If you didn't get an email, please email me!
Nino	Med Admin Event	 Wednesday Oct 21st, 1730-1930 in the Pride Suite Info on how to give meds safely, will work through different scenarios Sign up on the CNSA website
Global Initiatives Directors: Talia Ram & Ashley Soin	WWNTY?	 Where Will Nursing Take You? Monday Nov 9th, 1800-2000 in the ASU Theatre Confirmed speakers: Navy nurse, Travel nurse, ICU nurse, Peace Corps rep, Midwife, Family NP Sign ups will be open next week Food will be provided!
Communications Director: Kyle Little	No report	
Image of Nursing Director: Krista Green	SON Student Standout	Congratulations to Sarah Provencher!
CHHSC Rep: Rebekah Chung	CHHSC	College of Health and Human Services Council Organization that encompasses all orgs under the College of Health and Human Services Incorporates all majors under the college Meetings biweekly on Wednesdays 1000-1100 in Council Chambers (3rd floor Student Union) Active member: 10 cord points for each semester for a year (20 points total) Attend council meetings (1 point) Approved fundraising/philanthropic events (variable) Track cord points in PDF form and have officer sign it https://sites.google.com/site/chhssc/orgreps

Upcoming Events	Making Strides Against Breast Cancer Sunday Oct 18th, 0630 at Balboa Park Sign up here Cord points for CCHS will be given to those who attend
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Motion to adjourn the meeting at 1508 Second by: Valeria Valenzuela

Respectfully submitted by Kirstin Visperas